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*AUGUST - SEPTEMBER 2024*

# SENIOR NEWS

*LIFESTYLE MAGAZINE FOR THE MODERN SENIOR*

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# Pikes Peak

## SENIOR NEWS



A publication of the Senior Resource Center of Southern Colorado a 501c3 nonprofit

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# Tinseltown Talks:

## Classic Television & Movie Moms Voice Support for the Homeless

By Nick Thomas

Mother's Day may have passed, but moms continue to inspire and encourage. Even fictitious ones. Some of America's favorite classic television and movie moms are raising awareness of the country's homeless youth problem. Although their focus is one organization, Doors of Change in the San Diego area (with its summer benefit "Concert of Hope" this year to be held on July 27 at the Epstein Family Amphitheater, UCSD, and featuring KC and the Sunshine Band, see [www.doorsofchange.org](http://www.doorsofchange.org)) their message should resonate in cities across America where homelessness continues to be a major social problem.

Doors of Change has helped thousands of homeless youth find safe housing and a sense of purpose with a unique arts-based approach. The organization's team of trained professionals and volunteers search for at-risk youth, first offering them essentials such as water, socks, and sleeping bags. Once trust is gained, the organization offers music and art lessons as a non-threatening first step to turning their lives around. Individuals can then be connected with services that provide housing, employment, medical care, and addiction treatment.

Jane Kaczmarek, the mother in the 2000s sitcom "Malcolm in the Middle," acknowledges this unique approach.

"The stress of being a teenager can be too overwhelming, too confusing, and too many find themselves on our streets trying to survive," said

Kaczmarek. "Doors of Change has discovered a unique way to connect with them, through music and art programs that have not only been saving lives but taken our young from hopeless to hopeful. They build self-esteem and respect for themselves and others."

June Lockhart, the beloved TV mom from the 60s shows "Lassie" and "Lost in Space," applauds the use of arts to connect with homeless youth. "At an early age, my parents instilled in me the importance of arts to inspire and enhance our lives," she said, adding that the organization has been "successful at reaching the thousands of our young who have become lost."

Support also comes from Dee Wallace, the movie mom from 1982's "ET: The Extra-Terrestrial," who applauds the group for "reinforcing positive attitudes and images towards oneself." That, she says, "is exactly what our youth needs to face and replace the uncertainty and fear they may have of the future."

Michael Learned won three Primetime Lead Actress Emmys for her role as Olivia Walton in the 70s historical drama "The Waltons" and notes "Every child, every teen, is our responsibility. We must keep them safe and the earth solid beneath their feet until they have found their place in this world."



Until that place is discovered, the dangers of youth homelessness can often lead to additional social problems with which Karen Grassle is all too familiar.

“As one who has suffered from the disease of alcoholism, I know the loneliness and despair it can bring,” explains Grassle, who played the “Little House on the Prairie” mother. “As an artist, I know the healing that comes from self-expression and self-examination. For me, hope came as soon as I surrendered my addiction. Art is a great help and healer.”

“Mr. Belvedere” mom Ilene Graff also offers encouragement. “You’re a runaway because home had become unbearable or you’ve been thrown out of the house,” says Graff, who played the mom in the popular 80s ABC sitcom. “If you’re lucky, Doors of Change will find you and help you get off the street and into hope, leading to safety, education, housing, music, art, friendship, (and) security.”

Since reaching homeless youth through music and art has proven to be a successful model, similar programs could be used to address the same problem around the country.

Nick Thomas teaches at Auburn University at Montgomery, in Alabama, and writes about classic film, television, and music for numerous magazines and newspapers. See [www.getnickt.org](http://www.getnickt.org).



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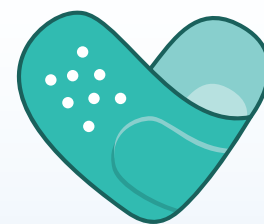


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# Pikes Peak Ranch Mountain Getaway Launches as Remote Event Venue

## Weddings and Yoga Hit the Schedule After Grand Opening Party

By Trevor Phipps

Nestled in the high mountains near the community of West Creek, the Pikes Peak Ranch is a hidden gem of the Pikes Peak Region. After driving on Highway 67 north of Woodland Park for about 30 minutes, visitors first can only see a giant wooden sign at the ranch's entrance labeling the 160-acre property.

As visitors wind up a dirt road to the top of the hill, the cabins of the ranch can be seen along with gorgeous mountain views. The lodge and the main event area sit on top of a small mountain that overlooks the entire valley.

On June 29, the Greater Woodland Park Chamber of Commerce held

their official ribbon cutting ceremony to introduce the ranch's new owners and new plans for the property.

The new owners of the Pikes Peak Ranch, Jack and Mariah Hoesly welcomed a large crowd to their grand opening event with over 300 signing up ahead of time to attend.

The event ran from 5:30 to 9 p.m. and the festivities included much more than just the official ribbon cutting ceremony. The grand opening was advertised by the local chamber of commerce and several friends, family and neighbors of the Hoeslys were invited as well.

There were face painting booths set up for the kids along with games

like corn hole to play. The guests were served a dinner consisting of hamburgers and barbecued chicken. There also was an open bar filled with cocktails for adults.

During the evening, the ranch's two owners walked around the crowd and made sure to meet everyone in attendance for their big night. After the ribbon was cut, adults and children enjoyed the opportunity to dance along to the live music sounds of the local band "The Family Elephant."

A shuttle was offered to take guests across the property and the lodge was open for people to inspect. The owners and staff made themselves available to answer any questions about the cabins and available lodging options.

### **Pikes Peak Ranch Surges On After Destruction**

According to ranch owner Mariah Hoesly, the new owners look forward to re-writing the ranch's rather sad history. Local resident Gary Bieske bought the property in 1997 with big dreams to create a resort and event venue.

But before his dreams could truly culminate, the ranch burnt down in the Hayman Fire in 2002. "So he had to really start from scratch," Hoesly said. "It burned down two of the cabins and they were able to save





one cabin. But he spent the last 20 years being a true steward to the land. He cleared thousands of trees that had fallen in the fire and planted thousands of trees. He built back up the five cabins and really just hustled.”

The Hoeslys bought the ranch in June 2023 with plans to utilize the event permits Bieske already had on the property and start hosting private and public gatherings. Now, the new owners plan to continue to rent the cabins short term year-round as well as put on community events and host gatherings like weddings and family reunions.

### Cozy Cabins and Mountain Beauty

The lodging accommodations at the ranch include five cabins and a lodge that can fit the most people. One added perk to staying at the ranch is that all five cabins and the lodge come with private hot tubs.

The ranch has their one-bedroom “honeymoon” Bear Den Cabin that sleeps two and has luxurious amenities including a Jacuzzi bath tub and a double-sided fireplace. The Angler Cove, Eagle Crest and Elk Ridge Cabins all have two bedrooms and sleep six people. The ranch also has their Wilderness Cabin that has three bedrooms and can sleep eight people and their lodge that can accommodate 12.

“We can accommodate events like family reunions with up to 40 guests and everyone can kind of have their own space,” Hoesly said. “There is a mix of king beds, queen beds and twin beds. We are set up to do a lot of different events as well as year-round short term rentals for guests like families, couples and anyone who is looking to get away to connect to the mountains, to nature and to each other.”

Currently, the new owners are hosting a community yoga event once a month and they plan on increasing that event to twice a month. Now that the final construction phase on the cabins is almost complete, the ranch looks forward to working towards hosting more community events like art programs.

*More information on the ranch can be found at their website at [Pikespeakranch.com](http://Pikespeakranch.com).*



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# How a Colorado Springs Homeowner Electrified Her Home – For Free

By Alex Trefry

*Public Relations Specialist, Colorado Springs Utilities*

“They came in and they did everything to save energy and water,” said Sally V., who lives northeast of downtown Colorado Springs and received thousands of dollars in upgrades to her home - at no cost -because of the Home Efficiency Assistance Program (HEAP).

HEAP is a partnership between Colorado Springs Utilities and the Energy Resource Center, which aims to provide free energy and water efficiency improvements to qualifying residential customers. Participants receive in-home energy and water audits, the results of which are used to determine efficiency improvements that would make the largest impact in their homes.

“I was keeping my fingers crossed every year I would get through the winter without my furnace going out,” said Sally. She took the step of applying for this program, where she received a free home audit by trained staff who use industry knowledge to determine how to best upgrade homes on a case-by-case basis.

After the audit was complete, Sally received new heat pump heating and cooling systems, a heat pump water heater, insulation, weather stripping, new toilets,

new water appliances, an upgraded breaker box, new lighting, and much more.

When asked how much she paid for these new appliances and upgrades, Sally answered “Not a penny... It’s unbelievable.”

As a result of this work, Sally uses less energy, lives more comfortably, and doesn’t have the burden of worrying if her appliances are reaching their end. “It’s a wonderful program and I can’t thank them enough.”

**To qualify for HEAP, Colorado Springs Utilities’ customers must meet all of the following criteria:**

1. Own the property they live in.
2. Reside in a single-family home, townhouse, condo, multi-family unit, or mobile/modular/manufactured home.
3. Have a household gross income at or below 60 percent of the state median income.

The Energy Resource Center technicians work with customers throughout the entire upgrades process,







educating them on how they can improve energy and water efficiency in their homes and maintain newly installed appliances.

These efforts save money on energy bills, reduce demand for natural resources by cutting energy waste, assist with the affordable housing crisis, and create a safe and comfortable environment in which Colorado Springs residents can thrive.

The availability of safe, affordable housing strengthens



neighborhoods. Energy-efficient home upgrades are long-lasting, contributing up to 20 years to the longevity of homes and their affordability, which assists our customers to remain in them.

*Any interested homeowners can apply for the HEAP program by visiting [csu.org/HEAP](http://csu.org/HEAP). On this webpage there is information about the program and a link to the application form. Once you apply, the Energy Resource Center will review your application and communicate next steps.*



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# The Perils of Ranch Life

## Exploring the Tragedies Many Ranchers Face

By Trevor Phipps

Many people, especially those living in the confines of a city, often dream of a simpler life where no neighbors are in sight. Some imagine owning a large ranch where their only job is to tend to the animals and take care of the land. The cowboy and cowgirl lifestyles have been positively portrayed in several films and novels as a peaceful and adventurous way of living.

But beneath its shiny surface, living on a ranch has its downsides. In fact, many do not realize the struggles and issues many ranchers across the country face. The sought-after lifestyle is often ridden with tragedy and ranchers are forced to overcome obstacles and risks.

The popular television series “Yellowstone” that first aired in 2018, has done a good job at portraying some of the downsides of the glorious ranch life. Even though the series is



fictional and definitely exaggerates some of the struggles ranchers face, there are several scenes that do portray some of the setbacks and issues running a ranch involves.

Throughout the history of the U.S., many have made their living ranching and farming the lands, but most will tell you that it isn't necessarily easy. Ranchers and farmers have to battle with Mother Nature and keep their crops and animals healthy through all types of natural occurrences like storms, droughts and even the infamous Dust Bowl much of the country suffered through in the 1930s.

Living on a giant ranch may be a dream for some, but for those that actually have experience in the trade, they will say that it is actually a tough way to make a living. The following is a brief description of some of the struggles ranchers in Colorado and other states in the center of the country have faced.

### Storms Can Riddle Ranch Lands

One of the most obvious struggles ranchers have to face is being able to withstand hurdles thrown at them by Mother Nature. Storms can come into a region and quickly ravage the ranch lands with rain or snow. Blizzards can be detrimental

to livestock and floods can destroy crops or ruin hay used for feeding.

Another risk that ranchers often take involves avoiding lightning strikes. During thunderstorms, most ranchers know to seek shelter, but sometimes lightning can come in fast while they are outside working on the ranch.

In fact, Colorado joins the list of states with the most deaths and injuries due to lightning strikes with Florida, Texas, North Carolina, Alabama, Arizona, Georgia, Missouri, New Jersey, and Pennsylvania. According to an article published by USA Today, Colorado has a lightning strike density of 16.2 lightning strikes per square kilometer. Florida receives the most lightning strikes with a density of 112.2 strikes per square kilometer, and Washington has the least with only 1.2 strikes per square kilometer. The lightning strike maps show that counties in the eastern part of Colorado get more lightning than other parts of the state.

According to the National Lightning Safety Council, there were 14 documented lightning fatalities in the United States in 2023 with four occurring in Florida and none taking place in Colorado. Unfortunately



though, Colorado was the state where the first lightning fatality of 2024 happened.

On May 25, 2024, 51-year-old rancher Mike Morgan had just got done branding his cattle at his ranch near Rand, CO about 80 miles northwest of Denver and he was feeding his herd by shoveling hay to them out of a trailer. About 100 cattle were gathered around the trailer waiting for their meals when a storm quickly blew in at around 2 p.m.

Morgan was standing on the trailer when a bolt of lightning struck hitting the trailer and knocking the 100



cattle to the ground. Morgan and 34 of his cattle didn't survive the lightning strike.

According to an article published by CBS News Colorado, the death of the cattle caused nearly thirty calves to be left orphaned. Morgan was survived by his wife Niki and his 17-year-old daughter Dallas who then were able to raise around \$30,000 for the family by holding an auction to sell off the calves and receive donations from the ranching community.

### Wolves and Other Predators Terrorize Livestock

Another situation ranchers are accustomed to dealing

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with its natural predators threatening the lives of their cattle, calves, sheep, chickens and dogs. Humans are not the only ones who like to eat animals found on ranches as predators like foxes, coyotes, mountain lions, wolves and sometimes bears occasionally choose to feed on the ranchers' livestock.

In Colorado, ranchers dealt with several of these predators for years by using methods like hazing which is when ranchers set up lights and barriers to fend off predators. However in the last several months, ranchers in the state have had a new predator to watch out for after wolves were reintroduced to the state late last year.

Many ranchers warned the public that their livestock was at risk after voters narrowly passed Proposition 114 in 2020 that mandated the reintroduction of wolves into the state. And then only a few months later, the ranchers' nightmares came true when the newly relocated wild canines started slaughtering cattle and calves in parts of Northern Colorado.

When the depredations first started, a conflict arose between state wildlife authorities and ranchers in the areas where the wolves were released. Ranchers felt that the wildlife agents were not being transparent about the wolf depredations and they started to retaliate by refusing to allow wildlife agents on their property.

Between April 2 and July 3, 2024 there had been several cases of livestock depredations that have taken the lives of seven calves and five cattle. The state does offer reimbursements to ranchers that lose livestock to wolves, but many say financial compensation is not enough.

At one point, a rancher organization called for the lethal removal of two wolves that they believed were responsible for the depredations. They claimed that the wolves had a history of killing cattle before they were relocated to Colorado. However, state officials refused saying that the wolves were breeding and that it would be too dangerous for the pack to remove one of the wolves.

But then the ranchers got some relief when the state wildlife commission voted in favor of allowing ranchers to kill wolves if they catch them in the act of depredation. With the recent change in policy, ranchers are now allowed to use lethal force against wolves if they catch them attacking their animals in the act or if they are personally threatened.

So far though, not all Colorado ranchers have to worry about wolves because they have not migrated to all parts of the state. But experts say it is just a matter of time before wolves are all over the Centennial State especially after more wolves get reintroduced in the next year or two.

According to the last wolf activity map released by the Colorado Parks and Wildlife Division (CPW), wolves have traveled in all directions from where they were released, but they have so far stayed in the northern part of the state. Wolves have only traveled south of Interstate 70 in a few places in Eagle and Summit Counties.

### **Other Issues Ranchers Face**

Ranching in general isn't an easy trade and there are many issues that make it tough to survive. Storms aren't the only way Mother Nature makes the lives of ranchers difficult, when a drought strikes ranching becomes very tough. Since livestock feed on grass or hay, ranchers sometimes have to move their cattle around when the grass is thin during a drought. Hay also often doubles in price whenever a drought riddles a region.

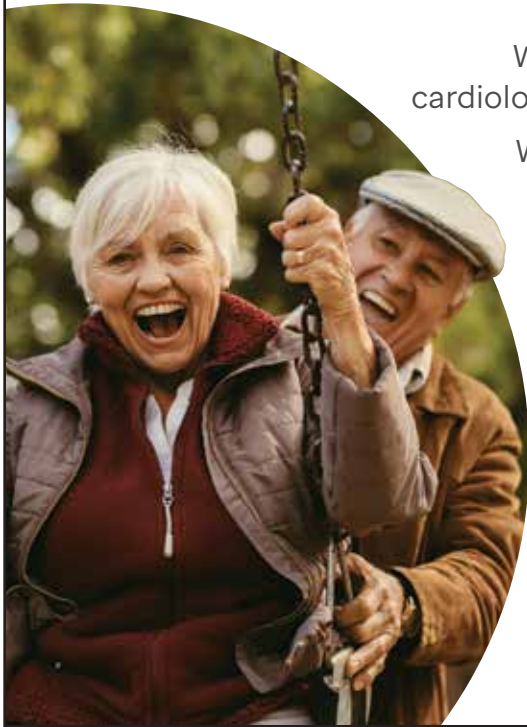
Aside from Mother Nature, costs can be hard to control sometimes and even in the television series "Yellowstone" they talk about how most ranchers basically break even due to high overhead. Machinery breaks and sometimes valuable animals pass away that force the ranchers to take on unexpected expenses.

And with fluctuating prices of commodities, it is difficult to estimate costs for a year. When farmers have invariable crop yields it can become difficult to pay the bills.

But despite all of the setbacks that the rough and tough ranchers must overcome, the demand for beef and other home-grown products is not going away any time soon. Luckily, there are still some brave humans left that are willing to battle with Mother Nature and face several risks to ensure that grocery store shelves are stocked with meat for hungry American consumers.



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# Chamber Orchestra of the Springs Prepares to Launch '24-'25 Concert Season

## Local Orchestra Offers Special Programs for Seniors

By Trevor Phipps

Listening to music is a quality past time that many enjoy on a daily basis. Plato once said, "Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything."

Out of all the local bands and music venues in the region, many tend to prefer the sounds of classical music flowing from an orchestra. In fact, experts say classical music has been increasing in popularity in the last few years with as many as 35 percent of American adults listening to the genre and a third of the listeners are under the age of 35.

The Chamber Orchestra of the Springs launched in the early 1980s when a group of amateur and retired professional musicians got together to found the orchestra. The group performed their first concert in 1983 before growing in popularity.

In 1996, the orchestra hired Thomas Wilson as their first

music director and then became a nonprofit in 1997. When the orchestra first started, the musicians didn't get paid and they all had to pitch in to rent venues for concerts out of their own pockets. But then by the early 2000s, the orchestra gained the ability to pay the musicians for their time.

Now the orchestra plays several shows every year across Colorado Springs and has a "SenioReach" program geared specifically for the city's older population. Last April, the Pikes Peak Senior News Magazine hosted a special appearance made by the orchestra at the 2024 Senior Lifestyle Expo at the Antlers Hotel in Downtown Colorado Springs. The orchestra's season starts this fall with their first concert kicking off on September 15 at the First United Methodist Church.

### **The Difference Between a Chamber Orchestra and Symphony Orchestra**

According to the Chamber Orchestra of the Springs Executive Director Jacob Pope, the main difference between a chamber orchestra and a symphony orchestra is the size. Chamber orchestras typically have around 25 members while symphony orchestras can have as many as 100.

"If what a symphony does is producing a movie then a chamber orchestra produces a television show," Pope explained. "It is very similar, but done on a smaller scale."

Chamber orchestras first came about during the Renaissance period when many enjoyed the sounds





of symphonies. After hearing a symphony concert, royal families would then choose a small number of the symphony's musicians to come back to their palace and play songs just for them. To this day, chamber orchestras tend to play in rooms and smaller venues compared to large concert halls where symphony orchestras play.

### Music for Senior Citizens

The Chamber Orchestra of the Springs holds their concert schedules mainly during the school year from fall to spring with taking the summer off. However, the musicians still stay busy during their off time by doing things like their SenioReach program.

"We go out to senior living centers in Colorado Springs for folks who are not able to travel for health reasons or they are in memory care," Pope said. "We go and do performances for them in person. We have six or seven locations we play at now. And we also do a recording every month that we send to anybody that we can't get to in person. So we did around 50 to 55 performances this last year and we reached probably a couple dozen others through those recordings."

The orchestra recently celebrated gaining a new home for concerts. The Ent Center for the Arts will now host live performances for the orchestra's concert season.

The schedule sports five different concerts this season starting from September to May. For a full list of their concerts and to purchase tickets visit their website at [Chamberorchestraofthesprings.org](http://Chamberorchestraofthesprings.org).

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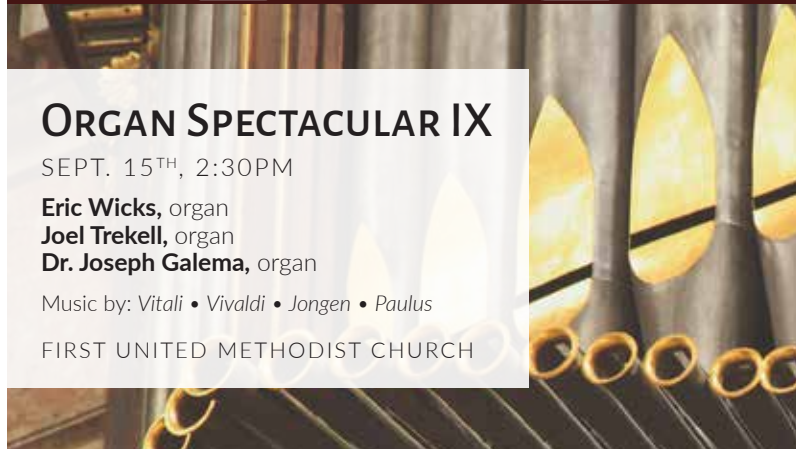
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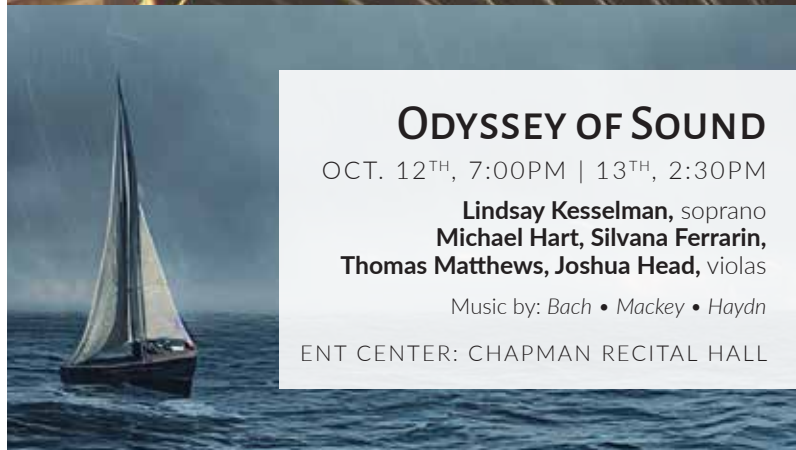
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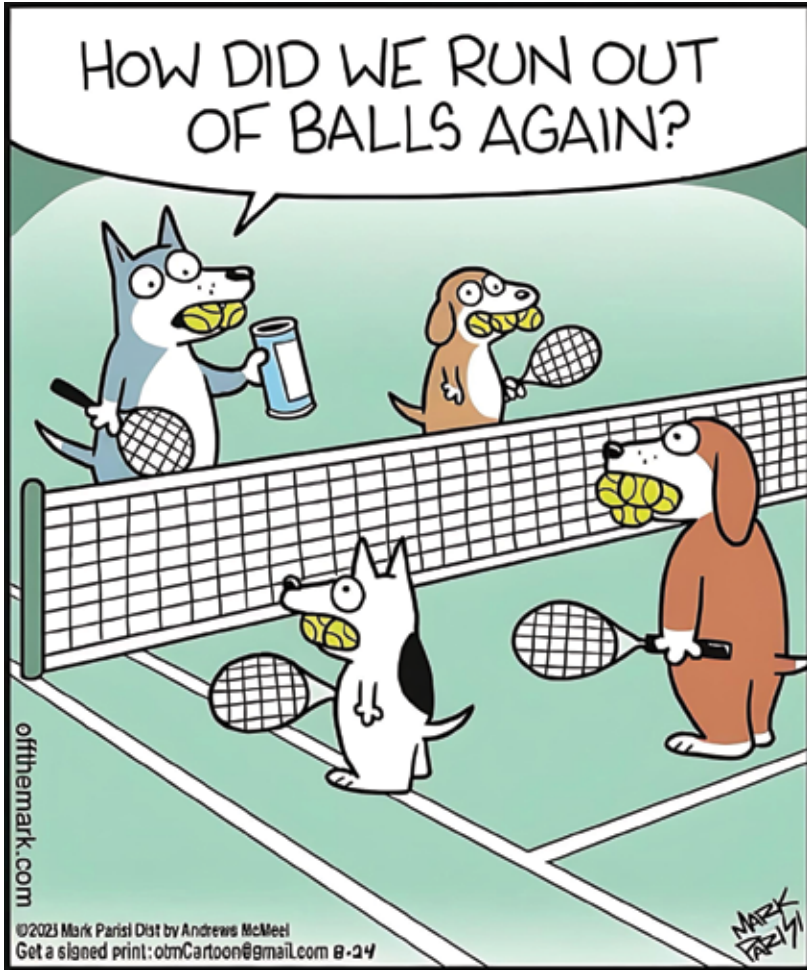
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1	8				3			
				3		1		
3	6		1		7			5
							9	
6	5				8		3	
					1	9		7
			6			4		

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# Crossword Puzzle

## ACROSS

- 1) Official language of India
- 6) Obviously surprised
- 11) Sound like a lovebird
- 14) Chipmunk tidbit
- 15) "Bad, bad" Brown of song
- 16) Sound from the stands
- 17) Prosecuting pooch?
- 19) Letters heard in a crime drama
- 20) Bleat of a sheep
- 21) Command to a pooch
- 23) Using an unspoken language
- 27) Williams with a racket
- 28) Hollowed out, as an apple
- 29) Like a cat of the '40s
- 32) "Carry On Wayward \_\_\_"
- 33) Elevator inventor
- 34) Swampland
- 36) Competed in a 10K
- 39) Butter units
- 40) River in Missouri
- 41) Like a skinny-dipper
- 42) Boston time zone
- 43) Word with "gin" or "candy"
- 44) Declare assertively
- 45) Affirmative vote
- 47) Ground layer
- 48) Gallup finding
- 49) Fire stirrers
- 52) Consecrates with oil
- 54) Land once known as Serendip
- 57) Mentally quick
- 58) Command to a collie
- 59) Uncouth steed?
- 64) Hue holiday
- 65) End of MGM's motto
- 66) Per \_\_\_ (yearly)
- 67) Foxlike
- 68) Lid swellings
- 69) Locker room groups

## DOWN

- 1) Computer in "2001"
- 2) Decorate with frosting
- 3) Holiday concoction
- 4) Lack of excitement
- 5) Like marquetry
- 6) Beer's cousin
- 7) First, reverse or neutral
- 8) Jason's ship
- 9) Surveys of public opinion
- 10) Like spuds with no buds
- 11) Fearful Baltimore footballer?
- 12) Like many an old bucket
- 13) Tara resident
- 18) Put an embargo on
- 22) Spanish gold
- 23) Breadth
- 24) Small amounts
- 25) Starkly realistic feline?
- 26) Haunted house inhabitants
- 30) Muse of poetry
- 31) Asian temple
- 34) Comment from Elsie or Elmer
- 35) D.C. figure, briefly
- 37) "Looks \_\_\_ everything"
- 38) Hardly hipsters
- 41) Opera baddie, usually
- 43) Andres Galarraga's hometown
- 46) Sniggler's catch
- 48) Chapeau for Lincoln
- 49) Sibilant attention-getters
- 50) Bay window
- 51) Charger's noise
- 53) How a wee lassie might say "no"
- 55) Pop singer Perry
- 56) Musical India
- 60) Viper's warning
- 61) Genetics lab study
- 62) Altogether number
- 63) Mama has a couple

### BITTER CRITTERS

By Lewis Forte

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17						18						19		
			20				21				22			
23	24	25				26			27					
28						29	30	31		32				
33						34				35		36	37	38
39						40						41		
42						43						44		
		45	46				47					48		
49	50					51			52	53				
54						55	56		57					
58						59			60			61	62	63
64						65						66		
67						68							69	

Key on page 23.



**BRIGHTEN UP**

**AUG 23 - SEPT 2**

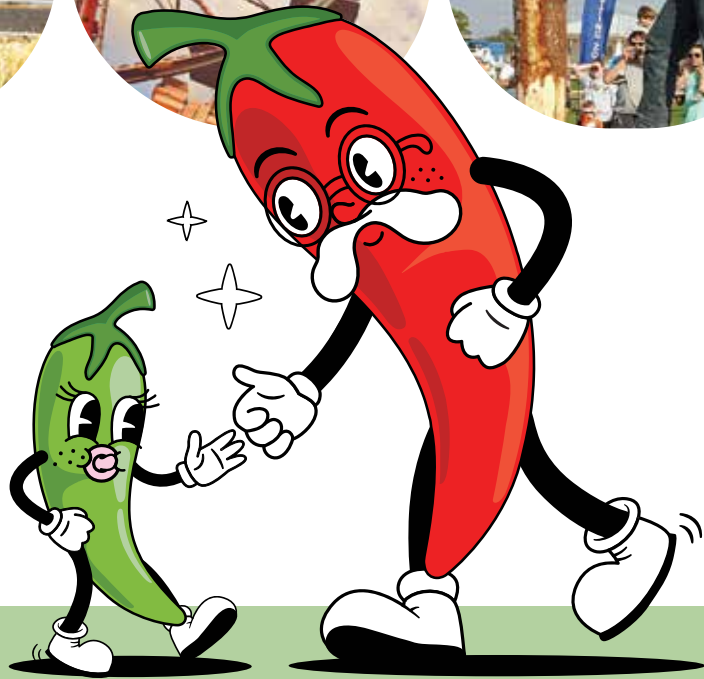
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## August 2024 Events

(visit their website for any last-minute scheduling changes)

### Vino & Notes Festival 16th annual

**What:** Vino & Notes 2024 brings together some of Colorado's finest wineries, great food, and local musicians. This wine, food, and jazz festival is one of the premier events in Teller County.

Vino & Notes is NOT dog-friendly.

**When:** Saturday, August 3rd from 11:00am-5:00pm.

**Where:** Memorial Park 210 E. Midland Ave. Woodland Park, 80863



### End of Summer Foam Party

**What:** Join the library and the cultural center for the biggest event of the summer! Play around in massive bubbles in the green space between the library and the cultural center.

**When:** August 7, 2024 10:00 AM - 11:30 AM Mountain

**Where:** Ute Pass Cultural Center Green Space - 210 East Midland Ave, Woodland Park, Co 80863

**Phone:** (719) 687-9281 Contact Person: Becky Watling

### Mountain Arts Festival

**What:** This 39th annual event brings artists from all over the country, and plenty of local artists exhibiting their art. The 75-80 some artists run the gamut from watercolor, oil, and acrylic paintings to woodworking, jewelry to sculptures, from metalwork to weavings, and from pottery to finely turned pens.

**When:** August 10 & 11, 2024, event opens at 9 a.m. and wraps up at 4 p.m. each day.

**Where:** Memorial Park 210 E. Midland Ave. Woodland Park, 80863

**Cost:** Free

**Phone:** 719-502-5085

### Colorado Cowboy Bingo

**What:** Celebrate Colorado becoming a state! Get your cowpoke on and maybe win a prize! Yeehaw! \$20 will get you 10 chances to win! All proceeds benefit the children of Teller County.

**When:** 8/15/2024 Event Time: 6:30 PM - 9:00 PM Mountain

**Where:** Ute Pass Cultural Center - 210 E. Midland Ave., Woodland Park, CO 80866

**Phone:** (719) 642-8679 Contact Person: Pat Hyslop

### The Salute to American Veterans Rally and Festival

**What:** The Salute to American Veterans Rally is the longest-standing gathering of veterans & patriots West of the Mississippi. Colorado's greatest celebration of freedom, patriotism, and camaraderie is always free, open to the public, and not to be missed. Join us as we honor, respect, and remember those brave Americans who have given us the greatest gift of all: Freedom.

**When:** August 16 and 17, 2024

**Where:** Memorial Park 210 E. Midland Ave. Woodland Park, 80863



### 9th Annual Manitou Springs Heritage Brew Festival

**What:** All proceeds from this event will be used to support the Heritage Center and local history in Manitou Springs.

**When:** SATURDAY, AUG 17, 2024 12:00-5:00 PM MDT

**Where:** Memorial Park 502 Manitou Avenue Manitou Springs 80829

# Business Directory



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## La Vida! (4th Annual)

**What:** La Vida Celebration brings a Latin-inspired poolside and beachside event to over 700 guests. La Vida is the largest and premier Hispanic Business event in Southern Colorado. La Vida takes place at The Country Club of Colorado at Cheyenne Mountain Resort in Colorado Springs, where guests are treated to a cultural experience centered around Latin-inspired music, cuisine, pools, beach, and lake with quintessential Colorado mountain views.

**When:** August 17th, 2024 5:30pm to 9:30pm

**Where:** Country Club of Colorado at Cheyenne Mountain Resort - 125 Clubhouse Drive, Colorado Springs, CO 80906

**Web:** <https://cshispanicchamber.com/events/la-vida/>



## Early Bird Hike & Bike at Garden of the Gods

**What:** An opportunity for recreationalists to enjoy the park and its roadways without motor vehicles.

All normal park rules will be enforced. The Early Bird Hike & Bike at Garden of the Gods is an opportunity for recreationalists to enjoy the park and its roadways without motor vehicles.

Free Parking: Garden of the Gods Visitor and Nature Center (1805 30th Street), Garden of the Gods Trading Post (324 Beckers Lane, Manitou Springs), Rock Ledge Ranch Historic Site (corner of 30th Street and Gateway Road).

**When:** Early Bird Hike & Bikes occur from 5 to 8 a.m. on August 28th and September 25th

**Where:** Garden of the Gods 1805 N 30th St, Colorado Springs, 80904

**Cost:** Free



## Movies Under the Stars

**What:** Movies Under the Stars is a FREE family-friendly event, with kids' activities and food trucks. We encourage families to arrive two hours early, bring chairs and blankets and have a family picnic on the green. Movie Rating: PG

**When:** 8/24/2024 Event Time: 6:00 PM - 10:00 PM Mountain (movie starts at sunset)  
Other movie dates: Aug 24th and Sept 7th. Weather permitting.

**Where:** The Ute Pass Cultural Center Pavilion - 210 East Midland Ave., Woodland Park, CO 80863

**Phone:** (719) 822-3795 Contact Person: Melinda Reiss

## Tessa's Pasta in the Park

**What:** As a cornerstone in our community, TESSA, known for empowering survivors of domestic violence, sexual assault, and human trafficking, is thrilled to announce our annual Pasta in the Park event. Once again, we'll bring together individuals and families for a delightful evening of pasta, entertainment, and community spirit. This year, we've chosen the color gold for our theme, symbolizing the golden opportunities we aim to provide through our programs and recognizing the Myron Stratton Home's 110th year serving the Colorado Springs community. The event is a significant part of our fundraising efforts, directly supporting initiatives such as our Safehouse, Advocacy, Legal, Housing, and Counseling services, which are crucial for the wellbeing of the survivors we assist. Partnering with us for Pasta in the Park offers your organization a unique opportunity to gain visibility and engage with the community while supporting these vital services. Thank you for considering this opportunity to partner with us. Together, we can continue to offer hope and help to those who need it most in our community.

**When:** 8/24/2024 Event Time: 5:30 PM - 10:00 PM Mountain

**Where:** Myron Stratton Home - 2525 CO-115, Colorado Springs, CO 80906

**Cost:** Tickets are \$120 to attend.

**Phone:** (719) 785-6813 Contact Person: Marissa Bovee



## SUDUKO KEY

2	9	6	7	1	4	5	8	3
4	3	7	8	9	5	6	1	2
1	8	5	2	6	3	7	4	9
5	4	8	3	2	9	1	7	6
3	6	9	1	4	7	8	2	5
7	1	2	5	8	6	3	9	4
6	5	4	9	7	8	2	1	3
8	2	3	4	5	1	9	6	7
9	7	1	6	3	2	4	5	8

## Crossword Puzzle Solution

1	H	I	N	D	I		6	A	G	A	P	E		11	C	O	O				
14	A	C	O	R	N		15	L	E	R	O	Y		16	R	A	H				
17	L	E	G	A	L		18	B	E	A	G	L	E		19	A	K	A			
						20	B	A	A		21	R	O	L	L	O	V	E	R		
23	S	I	G	N	I	N	G				27	S	E	R	E	N	A				
28	C	O	R	E	D			29	H	E	P			32	S	O	N				
33	O	T	I	S			34	M	O	R	A	S	S		36	R	A	N			
39	P	A	T	S			40	O	S	A	G	E			41	B	A	R	E		
42	E	S	T			43	C	O	T	T	O	N			44	A	V	E	R		
				45	Y	E	A			47	S	O	D		48	T	R	E	N	D	
49	P	O	K	E	R	S				52	A	N	O	I	N	T	S				
54	S	R	I	L	A	N	K	A		56	A	P	T								
58	S	I	T			59	C	O	A	R	S	E	H	O	R	S	E				
64	T	E	T			65	A	R	T	I	S			66	A	N	N	U	M		
67	S	L	Y			68	S	T	Y	E	S			69	T	E	A	M	S		



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# Calendar of Events

## History Talk – “A.E. Carlton” with Dave Martinek

- What:** Enjoy this informative time learning more about the Cripple Creek area and our vibrant history.  
**When:** August 24, 2024 @ 12:00 pm - 3:00 pm  
**Where:** Cripple Creek Heritage Center 9263 S. CO-67 Cripple Creek, 80813  
**Phone:** For more information, contact the Cripple Creek Heritage Center at 719-689-3315.

## Walk For Art

- What:** The Walk for Art is an event in Woodland Park on the last Sunday of the Month in June, July and August. People get an Art Passport and visit the venues (Reserve Our Gallery, Westside Gallery, WP Garden Gallery, Java Haus, Williams Log Cabin Furniture and Tweeds) at least one time during the three months. The passport gets signed at each location and turned in at Reserve Our Gallery by September 1 for a chance to win an art voucher worth \$200. The voucher can be used at any location. A door prize is awarded at each Walk for Art.  
**When:** 8/25/2024 12:00 PM - 3:00 PM Mountain  
**Where:** Reserve Our Gallery - 400 West Midland, Woodland Park, CO 80863  
**Phone:** (719) 401-2301 Contact Person: Gayle Gross

## Hot Rod Rock & Rumble 2024

- What:** Hot Rod Rock & Rumble is back at Pikes Peak International Raceway August 22-25, 2024! Join us for a thrilling weekend with the Pre-1976 Hot Rod Classic Car Showcase, Drag Racing, Oval Cruising, Burnout Circus, Pinup Contest, Jr. Rockabilly Contest, Vintage Camping, Flamethrowers, Pinstriper Panel Jam, Swap Meet, Live Music across 5 Stages, Burlesque, and so much more!  
**When:** August 22 @ 8:00 am - August 25 @ 5:00 pm  
**Where:** Pikes Peak International Raceway - 16650 Midway Ranch Rd, Fountain 80917  
**Web:** Tickets are on sale now at [www.hotdrock.com](http://www.hotdrock.com)



## Colorado State Fair

- When:** August 23rd- September 2nd 2024 - Monday-Thursday: 3 pm. – 11 pm. Friday-Sunday and Labor Day: 11 am-11pm  
**Where:** 1001 Beulah Ave. Pueblo, CO 81004  
**Cost:** Adult (ages 13 & older) \$15 Kids (ages 5-12) \$7 Children 4 & under FREE  
**Phone:** 1-800-876-4567  
**Email:** [info@coloradostatefair.com](mailto:info@coloradostatefair.com)  
**Web:** <https://coloradostatefair.com/>

## Music at the Depot

- What:** Featuring bands from 2-6 PM. Complete with food, and beer!  
**When:** August 31 - September 1 2p.m. – 6 p.m.  
**Where:** Cripple Creek District Museum - 510 Bennett Ave, Cripple Creek, CO 80813 United States  
**Phone:** Contact the Cripple Creek District Museum for more information 719-689-9540

## September 2024 Events

*(visit their website for any last-minute scheduling changes)*

## Colorado Springs Labor Day Lift Off

- What:** Every morning will begin with a mass ascension of over 70 hot air balloons in all shapes and sizes. Start the morning by gazing across Prospect Lake at a sky filled with brightly colored balloons, and wrap it up with the hot air balloon glow at dusk -Free family activities throughout the day with skydiving demonstrations, paddle boarding, live music & entertainment, and more!  
**When:** August 31 • 5:30am - September 2 • 11am  
**Where:** Memorial Park - 1605 E Pikes Peak Ave, Colorado Springs, CO  
**Cost:** Free





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## Commonwheel Artists Co-Op's 50th Annual Labor Day Weekend Art Festival

- What:** A diverse group of potters, jewelers, painters, sculptors, photographers, glass artists, and more, have been displaying their artwork that the Commonwheel jury selects. These artists apply from the Pikes Peak Region, and neighboring states to share their creations with art appreciating visitors at this juried art festival. Music and kids' activities.
- When:** August 31st- September 2nd, 10am to 5pm
- Where:** Memorial Park - 502 Manitou Ave, Manitou Springs, CO
- Cost:** FREE ADMISSION

## Cruise Above the Clouds

- What:** Area's largest classic car show in the mountains!
- When:** September 7, 2024 9 a.m. – 3 p.m.
- Where:** Memorial Park - 210 E. Midland Ave. Woodland Park, 80863



## Walk to End Alzheimer's

- When:** Saturday, September 8th, 2024 - Registration Opens at 8:30am, Ceremony begins at 10:00, Walk immediately following
- Where:** Memorial Park at Prospect Lake - 280 S Union Blvd, Colorado Springs, 80910

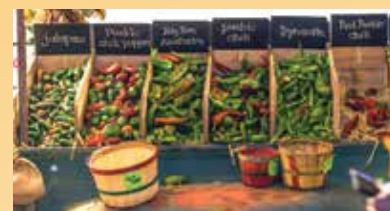
## Vines & Brews Beer Fest 2024

- What:** A celebration of fall with beer, gin, wine, spirits, and moonshine while listening to upbeat contemporary jazz from New Vintage Jazz in a beautiful locale. Food vendors will provide food for noshing alongside other interesting vendors. This is an adults-only event: even the designated drivers must be over 21 (no exceptions). No dogs of any age are allowed. ID required. This event will happen rain, shine, or snow.
- When:** September 21, 1:00 PM –5:00 PM
- Where:** 151 Front Street | Monument, CO | 80132
- Cost:** General admission \$25 - includes a commemorative glass and unlimited 2 oz tastings Designated driver \$10
- Phone:** (719) 481-3282
- Web:** <https://www.trilakeschamber.com/bines--brews-beer-fest.html>



## Pueblo Chile & Frijoles Festival

- What:** The Greater Pueblo Chamber of Commerce created the festival as a fun fall event designed to promote the area's agriculture, especially its home grown chilies and pinto beans
- When:** September 20-22, 2024 Friday 3:00pm - 12:00am, Saturday 10:00am - 12:00am, Sunday 10:00am - 5:00pm
- Where:** Historic Downtown Pueblo/Union Avenue, Pueblo, CO 81003
- Cost:** FREE



## Autumn and Art

- What:** Visit local Teller County artists during the Autumn & Art Show at the Heritage Center.
- When:** September 20 - September 29
- Where:** Cripple Creek Heritage Center 9263 S. CO-67 Cripple Creek, 80813
- Phone:** Contact the Cripple Creek Heritage Center for more information at 719-689-3315
- Web:** <https://www.facebook.com/cripplecreekheritagecenter/>

## Blues on the Mesa

- What:** A live in-person music festival returns on September 28, 2024, where the soulful sounds of Blues will fill the Rocky Mountain air!
- When:** Saturday, September 28 - 11am - 6:30pm
- Where:** Gold Hill Mesa  
142 South Raven Mine Drive #STE 200 Colorado Springs 80905
- Web:** [bluesonthemesa.org](http://bluesonthemesa.org)



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## Calendar of Events

# August 2024 Statewide Events

*(visit their website for any last-minute scheduling changes)*

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### Leadville Boom Days.

Aug. 2-4

Venture up to the highest incorporated city in North America for a long weekend packed with family-friendly activities that celebrate Leadville's mining and Old West heritage. Wander through the street fair, cheer on your favorite donkey during the burro races, watch the parade and ogle impressive vehicles at the car show. Leadville. [leadvilleboomdays.org](http://leadvilleboomdays.org)

---

### Larimer County Fair.

Aug. 2-6

Back for its 141st year, the Larimer County Fair is a beloved Northern Colorado tradition that features 4-H shows, a parade, exhibitions, games, a cornhole tournament, rides, pig wrestling, a farmers market and more. This year also marks the 76th year of the Professional Rodeo Cowboys Association (PRCA) Rodeo, held in conjunction with the fair. [treventscomplex.com/events/larimer-county-fair](http://treventscomplex.com/events/larimer-county-fair)

---

### Olathe Sweet Corn Festival.

Aug. 24

Corn is having a moment this year, thanks to a viral video of a cute 7-year-old named Tariq professing his love for the juicy yellow vegetable and gleefully exclaiming, "It's corn!" (And if you don't know what we're talking about, do yourself a favor and look it up.) What better way to celebrate the majesty of this starchy staple than by heading to Olathe for its 34th annual festival? Olathe. [olathesweetcornfest.com](http://olathesweetcornfest.com)

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### Sand & Sage Round-Up.

Aug. 3-10

Head east for a fun week of live music, carnival rides, a parade, rodeo events and other family-friendly activities at the Sand & Sage Round-Up, aka the Prowers County Fair. Lamar. [sandandsageroundup.com](http://sandandsageroundup.com)

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### Snowmass Plein Air Art Festival.

Aug. 5-6 12pm - 6pm

More than 20 Colorado artists will set up shop in Snowmass and spend four days getting inspired by the awe-inspiring natural surroundings. Then, over the weekend, they'll put their masterpieces on display so that festivalgoers can ooh and aah and, ideally, take a painting or two home. Snowmass. [gosnowmass.com/event/plein-air-art-festival/2023-08-06](http://gosnowmass.com/event/plein-air-art-festival/2023-08-06)

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### Vail Wine Classic.

Aug. 8-11

Vail Wine Classic. Whether you love whites, reds, rosés, bubbles or all of the above, you're sure to find your new favorite wine at this three-day event, which includes paired dinners, seminars and grand tastings with wineries from all over the world. Vail. [vailwineclassic.com](http://vailwineclassic.com)

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### Rocky Mountain Folks Festival.

Aug. 9-11

For over 30 years our "Summit on the Song" has brought together some of our favorite songwriters of all genres to the Planet Bluegrass Ranch in Lyons, CO for three days of music, camping, and inspiration. Plant your chair along the St. Vrain River for epic performances on the main stage, intimate sets in the Wildflower Pavilion, and magical moments. [bluegrass.com/folks](http://bluegrass.com/folks)

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### Sculpture in the Park.

Aug. 9-11

Back for its 39th year, this Loveland festival features 2,000 works from 160 artists from around the world. Admire the artworks in the park and maybe even buy one to take home. Benson Sculpture Garden, 2908 Aspen Drive, Loveland. [sculptureinthepark.org](http://sculptureinthepark.org)

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### Telluride Jazz Festival.

Aug. 10-11

Since 1977, Telluride's majestic perch high in the San Juan Mountains of southwestern Colorado has been the site of an annual cultural event combining the finest the US has to offer for pristine natural aesthetics with boundless artistic creativity. The Telluride Jazz Festival is a three day and night live music event centered around jazz that is held in August every year. The 2024 lineup features Rejuvenation 50! Celebration of The Meters featuring Dumpstaphunk and special guests George Porter Jr., Leo Nocentelli, and Cyril Neville. [telluridejazz.org](http://telluridejazz.org)

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### Estes Park Wine Festival.

Aug. 10-11

This popular wine festival typically sells out, so grab a ticket while you can and enjoy unlimited wine tastings, live music, food and shopping in scenic Bond Park. Estes Park. [estesparkwinefestival.com](http://estesparkwinefestival.com)

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### Art in the Park Loveland.

Aug. 10-11

For more than 50 years, Art in the Park has been promoting the visual arts. During this year's festival organized by the Thompson Valley Art League and Lincoln Gallery more than 200 craftspeople and artisans will display their works. North Lake Park, 2750 N. Taft Ave., Loveland. [artintheparkloveland.com](http://artintheparkloveland.com)

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### Palisade Peach Festival.

Aug. 16-17

Take a minute to thank the hard-working farmers who toil away to bring us these sweet, juicy fruits every summer. Now in its 56th year, this festival of deliciousness on the Western Slope includes orchard tours, a pancake breakfast, a 5K fun run, peach-eating contests, barbecue, cooking demos and more. Palisade. [palisadepeachfest.com](http://palisadepeachfest.com)

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### Snowmass Cidermass.

Aug. 17 2 pm - 5:30 pm

There are so many reasons to love cider. It tastes great, for one. It's friendly to those folks who can't do gluten. And it has a way of bringing people together, like it does at this festival, which features sips from more than 30 cideries and distilleries. Snowmass. [gosnowmass.com/event/cidermass](http://gosnowmass.com/event/cidermass)



**Breckenridge Wine Classic.**

Aug. 22-24

Toast the beauty of the mountains in summertime at this wine-centric festival, which includes paired wine lunches and dinners, seminars, wine hikes, blind tastings and all-inclusive grand tastings. The fun spotlights more than 100 wineries, breweries, distilleries and other culinary creatives. Breckenridge. [breckenridgewineclassic.com](http://breckenridgewineclassic.com)

**Durango Blues Train.**

Aug. 22-24

This is one of the most unique festivals in Colorado: Board a historic steam-powered locomotive for six live blues performances organized by the Durango & Silverton Narrow Gauge Railroad. As the train rolls along the tracks, you get to boogie your way from car to car. Be sure to pause now and then to admire the gorgeous scenery. Durango. [durangobluestrain.com](http://durangobluestrain.com)

**Loveland Corn Roast Festival.**

Aug. 23-24

Loveland Corn Roast Festival. This year marks the 128th year of this festival, which pays homage to those sweet yellow kernels that farmers harvest every August. The two-day celebration includes a parade, a beer garden, live music, activities for kids and, of course, tons of delicious roasted corn. [loveland.org/events-2/corn-roast-festival/](http://loveland.org/events-2/corn-roast-festival/)

**Colorado State Fair.**

Aug. 23-Sept. 2

Show your Centennial State pride at this long-running, family-friendly tradition. The schedule includes live musical performances, 4-H events, competitions, rodeos, carnival rides and more. Pueblo. [coloradostatefair.com](http://coloradostatefair.com)

**Boulder Taco Fest.**

Aug. 10

Go ahead, eat as many tacos as you want — we won't judge. And while you digest, check out lucha libre wrestling matches, live music, pinatas and other activities. Wash it all down with a margarita (or two). Boulder Civic Area and Library, 1001 Arapahoe Ave., Boulder. [bouldertacofest.com](http://bouldertacofest.com)

**Four Corners Folk Festival.**

Aug. -Sept 1st Set up your camp chair or pop your tent in the shade

of the evergreen trees for three days of live folk performances at Reservoir Hill. Marvel at the views of the San Juan Mountains while listening to this year's performers, including Sam Bush, Ozomatli, Sunny War, Tophouse tne Drew Emmitt Band and more! Pagosa Springs. [folkwest.com](http://folkwest.com)

**Jazz Aspen Snowmass' Labor Day Experience.**

Aug. 30-Sept. 1

Don't let the name fool you: There's way more than jazz at this beloved end-of-summer music festival. Headliners this year include Brandi Carlile, Sting and Tim McGraw. Snowmass Town Park, Snowmass Village. [jazzaspensnowmass.org](http://jazzaspensnowmass.org)

**September 2024  
Statewide Events***(visit their website for any last-minute scheduling changes)***Solo Flights.**

Sept. 3-11

Love the performing arts? Then venture up to the Roaring Fork Valley for this weeklong new works festival, put on by Theatre Aspen to help directors and actors fine-tune their one-person shows. Watch the creative process work its magic as you attend performances, discussions, talkbacks, panels and receptions. Aspen. [theatraspen.org/solo-flights](http://theatraspen.org/solo-flights)

**Longs Peak Scottish-Irish Highland Festival.**

Sept. 6-8

You don't have to be Scottish or Irish to appreciate Celtic culture—or, more importantly, to enjoy yourself at this lively annual shindig, which includes military music displays, whiskey tastings, strongman. [scotfest.com](http://scotfest.com)

**Snowmass Wine Festival.**

Sept. 14

Experience an incredible afternoon of wine, food, sights, and sounds at the Snowmass Wine Festival, hosted by the Rotary Club of Snowmass Village. Returning for its 21st year, the festival features 30+ tables of wine from around the world, as well as food from local restaurants, music, and a silent auction to benefit the Rotary Club of Snowmass Village. All proceeds are used for scholarships, local, and international grants through Snowmass Rotary. Town Park, 2000 Brush Creek Road, Snowmass. [gosnowmass.com/event/snowmass-wine-festival](http://gosnowmass.com/event/snowmass-wine-festival)

**Telluride Blues & Brews Festival.**

Sept. 15-17

Need an excuse for one last summer road trip? Point your wheels southwest for three days of craft beer and live musical performances in an array of genres, including gospel, soul, indie, funk, blues and jam band. Bring the kids, too, because it's a family-friendly affair. [tellurideblues.com](http://tellurideblues.com)

**Pueblo Chile & Frijoles Festival**

September 20-22

Celebrate Colorado's agricultural prowess and get your fill of smoky green chiles at the Pueblo Chile & Frijoles Festival this fall. If you're feeling brave, consider entering the jalapeño-eating contest. And, if not, there's still plenty to do and see at this three-day gathering, from a chihuahua parade to live cooking demonstrations to a colorful farmer's market.

## Shrimp Boil Foil Packets

### Ingredients

- 1 ear of corn, cut into 8 pieces
- 1 medium zucchini, sliced thick
- 4 cloves garlic, minced
- ½ lb uncooked shrimp
- 2 Andouille sausage
- 1 teaspoon Old Bay Seasoning
- 1 teaspoon Cajun seasoning
- 4 tablespoons butter
- Fresh parsley, chopped



### Directions

1. Tear an 18" piece of heavy-duty foil for each packet, along with a 16" sheet of parchment paper for each. Layer the parchment paper on top of the foil.
2. Divide the corn, zucchini, minced garlic, shrimp, spices, and butter between the two sheets of foil.
3. To form the packets, bring one of the short edges of the foil to meet the other, then crimp around all edges to seal.
4. Cook the packets on a grill (or the grill grate over your campfire) for 8 minutes, flipping occasionally.
5. Remove from the grill and let cool slightly. Open the packets carefully - they will be full of hot steam. Top with fresh parsley and enjoy.

## Campfire Baked Sweet Potatoes + Chili

### Ingredients

- 4 medium sweet potatoes
- 1 onion, diced
- 1 tablespoon olive oil
- 15 oz can kidney beans, drained
- 6 oz can tomato paste
- ½ can beer
- 1 tablespoon chili powder
- ½ tablespoon cumin
- ½ teaspoon salt
- Other optional toppings: , Green onions, cheese, avocado, etc.

### Directions

1. Wrap each of the sweet potatoes in heavy duty foil and nestle them into the embers of your campfire. Turn them every so often to ensure they cook evenly.
2. While the potatoes are cooking, make the chili. Over medium heat, warm the oil in a pot. Once hot, add ¾ of the diced onions (reserve the rest for topping) and sauté for a few minutes until they start to soften. Add the beans, tomato paste, beer (or other liquid, like broth), and spices. Stir well to combine. Simmer for 15-20 minutes.
3. Once the potatoes are soft and cooked through (about 30 minutes total, give or take a bit depending on their size), retrieve from the fire. Carefully unwrap the foil. Use a knife to cut a slit in the potato, then top with the chili, onions, and anything else you have on hand. Enjoy!





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Rocky Mountain PACE (Program of All-inclusive Care for the Elderly) is here to provide innovative, coordinated healthcare, socialization opportunities, and support for older adults in the Pikes Peak region.

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